



August 25, 2023

24 Hour Attendance Line: 720-886-2795

August 25	MVE 10-year Anniversary Celebration, 5:00 – 7:00 p.m.
August 29 and 30	PTO Car Wash at Vibe Carwash (flyer enclosed)
August 30	PTO Community Meeting, MVE Library + Zoom, 6:00 p.m.
	Join Zoom Meeting
	https://cherrycreekschools-org.zoom.us/j/4816391983?pwd=MmpFbGJMbm1rNE5lVHJmNENU14dz09
	Meeting ID: 481 639 1983
	Passcode: mve
September 4	NO SCHOOL, Holiday, Labor Day
September 9	CCSD Veterans + Military Appreciation Event, Legacy Stadium, (see enclosed flyer)
September 12	Spirit Day
September 12	Community Night, Panera + Mod Pizza
September 14	STOMPede/Fun Run
September 15	RAIN DATE, STOMPede/Fun Run
September 20	PTO Community Meeting, MVE Library + Zoom, 6:00 p.m.
September 22	NO SCHOOL, Non-contact Day
September 26	Hearing Screening (Pre-K, K, 1, 2)
September 28	P.A.S.S. Meeting, MVE Library, 6:00 p.m.

Hello Mammoth Families!

Welcome to the 23/24 school year at Mountain Vista Elementary! The halls and classrooms are buzzing with the laughter and excitement of the new year, and it feels great to have our students and staff back after summer break!

As we embark on this journey together, we are thrilled to have the privilege of welcoming 40 bright-eyed Pre-Kindergarten students, 80 enthusiastic Kindergartners, and 30 new students in grades 1 through 5 to the Mountain Vista family. To our 500 returning students, we are overjoyed to have you back with us, ready to embrace new challenges and explore new horizons. It's going to be a great year!

Our dedicated team of educators is committed to creating an environment where your child's learning experience is enriched and meaningful. As the new year begins, we are placing a special emphasis on building strong relationships as the foundation for academic and personal growth through Family Connection

Meetings. This time is meant for you to share about your child and the ways we can best support them in their academic and social and emotional growth. We firmly believe that our partnership will establish a safe, supportive, and caring community that lays the groundwork for successful learning.

We invite you to take a moment to familiarize yourselves with our wonderful new staff members who will be guiding your children this year. You can find detailed information about each of our new staff members attached to this newsletter. It truly takes a village to nurture young minds, and we are fortunate to have such a dedicated and knowledgeable team on board.

Whether you're a new member of our school family or a returning one, we encourage you to actively engage in your child's education. Stay connected by attending school events, parent-teacher conferences, and volunteering opportunities. Your involvement makes a significant difference in your child's educational journey.

We are excited about the boundless possibilities that this school year holds and are dedicated to making it a memorable and enriching experience for **every student, every day**! Thank you for entrusting us with the privilege of guiding your child's education.

As always, please reach out to your teacher, our staff, or to me with any questions or concerns. We are here to support you and your children in any way we can!

Dream. Believe. Achieve.

Megan Carkhuff
Principal

UPDATES

Parking:

- If we haven't said it enough THANK YOU for having grace and patience with arrival and dismissal based on feedback from the county's traffic audit.
- We're able to clear the blacktop in about 7 minutes, and car riders have been mostly cleared in 12 minutes—thanks for helping with this!
- AM arrival has been so smooth. As a reminder, students should not exit the car until in the Hug and Go single lane zone. Staff are there to open doors and greet kids.
- We're still working on tightening up PM dismissal (which has also gone a bit quicker). A few things to help:
 - For Hug and Go driving lane—remind your students to be watching for your cars.
 - For blacktop pick up (walking home or parking to pick up) please do not linger by the exit doors, classes are trying to exit efficiently.
 - Please wait to pick up your student until the entire grade is at their waiting cone.
 - Please wait to enter the blacktop/playground area until all students are cleared from recess:
 - On Wednesday, early release, recess runs close to dismissal, please wait until 1:40 to enter the space.
 - On Mondays, Tuesday, Thursday, and Friday, please wait until 2:35 to enter the space.

Pre-K families:

- We hope your kiddo is loving their school experience. If picking up or dropping off midday, please note that the playground is only open for K-5 students. Please do not walk through the playground, you can access the mobiles by walking from Tibet Street or around the front of the building. Thanks.

Lunch update:

- This year it is NOT pizza every Wednesday. We'll have pizza every other week. Make sure to check the lunch schedule.

Handbook Highlights:

- **Celebrations at School**

When your child has a birthday, a *small* treat for the class to share which is easy to eat is welcomed. Please contact your child's teacher to plan a day/time to bring the treats to school. Treats must be store bought. No frosting. No cutting. Clear liquids only (no red, purple or orange drinks are to be brought to school for parties or activities as these colors don't come out of the carpet when spilled). Balloons, flowers, gifts, etc. should be saved for celebrations outside of the school environment. No birthday/party favors allowed. There will be three classroom parties throughout the year – Winter, Valentines and End-of-Year.

- **Party Invitations**

Children may not distribute invitations at school for personal parties. By law and District policy, we are unable to provide parents with names, addresses or phone numbers without prior permission.

WHAT'S HAPPENING IN THE ART ROOM??

I am so excited to begin this 2023-24 school year! I wanted to fill you in on some curriculum shifts I'm making this year. First through Fifth grade will be focusing on the **Elements of Art** (line, shape, color, texture, value, space, and form) and **Principles of Design** (emphasis, movement, pattern, unity, variety, contrast, and proportion) while blending Social and Emotional concepts, as well. We are always working with these concepts, as they are the "building blocks" of art, but there will be more of a focus in my lesson planning.

"Art To Remember" fundraiser -

Yes, Mountain Vista will be participating this year. The students will be creating their artwork during the 2nd rotation in art class. Last year, I gave classroom teachers the opportunity to create "wish lists" of items they wanted to have in their classrooms. I used close to \$2500 of funds raised from this program to fulfill these requests. THANK-YOU, THANK-YOU, THANK-YOU for making this happen!!!! Some of these items were: class sets of crayons, markers, colored pencils, origami paper, play-doh, manipulatives, yarn, and modeling clay. I am excited to see and hear about how classroom teachers are integrating the arts into their rooms.

Be on the lookout for the newest creations we've been working on during the first weeks of school:

- "The Pigeon HAS to go to School" and "Schools First Day" drawings - Mrs. Luna's 1st graders
- "The Most Magnificent Thing" machines - Mrs. Laron's 2nd graders
- "The World Needs More Purple Schools" - Mrs. Hills' 3rd graders
- "Honeycomb Collaboration" - ALL of 4th and 5th grade classes!

Please reach out with any questions or concerns you may have - my door is always open.

If you are interested in ever volunteering in or outside the art room, please let me know. I will need help with take down and hanging of displays, the fundraiser, and supply prep for upcoming units. Also, a helping hand is always appreciated when doing bigger projects, like clay and painting, with the littles (kindie and 1st grade). I'm looking forward to a great year!

Arfully Yours,

Ms. Rowland

krowland4@cherrycreekschools.org

DISTRICT ACCOUNTABILITY COMMITTEE

DAC (District Accountability Committee) is a great opportunity to learn more about district initiatives. You can find out more about upcoming meetings at this link: <https://www.cherrycreekschools.org/Page/4145>

MESSAGE FROM THE DISTRICT

Are you interested in the future of the Cherry Creek School District? Would you like to be involved with long-range planning for schools and other facilities? Then consider volunteering for the District's Long-Range Facility Planning Committee. This group of citizens and district employees evaluates issues including new construction, renovation of existing facilities, attendance boundaries and calendar issues. The group advises the Board of Education and recommends cost-effective plans for capital facilities. The Long-Range Facility Planning Committee currently has open positions in Board of Education Director Districts B, C, D and E. A listing of the schools in each Director District can be found in the Director District School Assignments document. More information about this volunteer opportunity is available here: Board of Education policy BDF R-5. If you are interested in serving on the Long-Range Facility Planning Committee, please complete the application by September 30th and return it to planning@cherrycreekschools.org. Apply Now!



ARRIVAL/DISMISSAL/ATTENDANCE REMINDERS

Please remember that we have a soft start beginning at 7:45 a.m., and school starts promptly at 8:00 a.m. Do not drop your students off any earlier than 7:45 a.m. as there is no supervision outside the entry doors before then. Keep in mind that frequent tardiness and early dismissals lead to missed instruction and can affect your student's ability to successfully meet grade level standards and take part in the school community. If you are calling to excuse an absence for your child, we advise you to use the attendance line (720-886-2795) and not the main office line. If you need to pick up your child prior to dismissal, you must do so no later than 2:25 p.m. (Monday, Tuesday, Thursday and Friday) and 1:25 p.m. on Wednesdays. Thank you for your partnership and cooperation in supporting our students.

REPORTING AN ABSENCE – ATTENDANCE LINE – 720-886-2795

If your child will be absent for any reason, please remember to call our *24-hour* attendance line, **720-886-2795**. Please include following information with your message:

- **Student's first and last name (please spell)**
- **Teacher name and grade**
- **Reason for the absence.**
- **Your name**
- **Contact phone number**
- **Brief description of symptoms**

Thank you for your partnership as we work to keep our students and staff healthy.



ILLNESS REMINDER FOR PARENTS

All students must be fever-free (fever = 100.4* or higher) without fever-reducing medication for **24 hours** and feeling well enough to participate in school.

They also must stay home until it has been **24 hours** since their last episode of vomiting and/or diarrhea *and* eating and drinking before returning to school.

If you have questions, please feel free to contact our school nurse:

Mandy Jackson BSN, RN 720-886-2704

ajackson4@cherrycreekschools.org

Thank you for helping Mountain Vista Elementary keep our students and staff healthy!

The Mammoth family has grown!

Read below to learn more about the newest 23-24 members of the MVE staff!

Caryn Pratt - Assistant Principal

Hello! I'm Caryn Pratt, the new assistant principal at Mountain Vista. I'm so excited to be joining such an amazing community. I have been in education for 23 years in a myriad of positions: reading interventionist, classroom teacher, instructional coach, and administrator. This is my first year in Cherry Creek. I am passionate about ensuring every student makes progress towards their personal goals, both academically and socially. On a personal note, I am married and have an almost 4 year old. We spent a lot of time this summer at the pool and playing at the park (when it wasn't raining 😊).



I can't wait to meet everyone!

Mariah Allen - Pre-K Teacher



Hello! My name is Mariah Allen. I am from Aurora, Colorado. I graduated from Eaglecrest High School. I got my teaching certifications from Community College of Denver. I have a 9 month old and a 3 year old with my amazing husband. My summer has been busy with my daughter Nevaeh learning to crawl as my son Michael is learning to potty train, and we are always on the go to fun places like the children's museum and the carnivals. I have been in the Cherry Creek district for four years now. I also have taught at private preschools for 8 years. This is my first year here at Mountain Vista as the Pre-K teacher. I am looking forward to meeting each and every one of you and making this a great school year!

Sabita Panda- Pre-K Assistant

Hello! I am Sabita Panda, the new teacher's assistant (para) for the Pre-k at Mountain Vista this year. This is my fourth year working in the Cherry Creek School District and have had an amazing time thus far. I am very excited to meet everyone here at Mountain Vista and interact and build connections with the students!



Nida Hasan - Pre-K Director/Teacher

Hi All! My name is Mrs. Nida Hasan and I am so excited to be teaching my first year at Mountain Vista Elementary. I am a Certified ECE Director with 18 years of experience. I live in Aurora with my husband and 4 wonderful children, three boys and one girl. I love what I do and look forward to being a part of your child's success and growth in the coming year.



Hazar Mouazen - Pre-K Assistant

Hello! My name is Hazar Mouazen. I am from Damascus, Syria. I moved here with my family in 2012. I am a mother of three children and am a grandmother of two. I begun my employment with Cherry Creek District in 2018, and have worked at Sunrise elementary school for 2 years. I then moved to Summit elementary school and was there for 3 years. I am so excited for the opportunity to work at Mountain Vista elementary school, and I'm ready to apply everything I have learned from my experience here!



Pauline Adams - Pre-K Enrichment Director

My name is Pauline Adams and I am the Child Development Director for Preschool Enrichment. I am extremely excited to join the Mountain Vista community and work with the youngest Mammoths!

For the past 24 years I have worked in Cherry Creek as a Before and After School Program Director. I am looking forward to this new journey and can't wait for this upcoming school year.

I am married to my best friend, and we share a daughter who is 8 years old and two wonderful stepchildren, a son and daughter. We enjoy camping, fly fishing, and many other Colorado outdoor adventures.



Afshan Hasan - Pre-K Enrichment Assistant



Hello! I am Afshan Hasan, This is my first year at Mountain Vista Elementary as a Child Development Assistant. I am very excited to be apart of this school. On a personal note, I have been married to my wonderful husband for 18 years, and have 3 beautiful children, two boys and one girl.

Madison Elledge - Speech Language Pathologist

Hi! I'm Madison Elledge, one of the Speech Language Pathologists at Mountain Vista. This is my third year in education and my first in Colorado! I am beyond excited to be joining such an amazing team here and getting to work alongside phenomenal teachers, support staff, and administration to ensure all students are communicating to the best of their abilities. My favorite hobbies include reading, hanging out with my cat (Tink Bean), and exploring my new state!



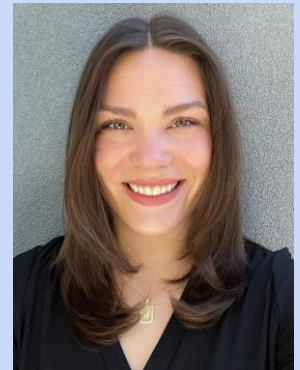
Kacy Baumer - Certified Occupational Therapist Assistant



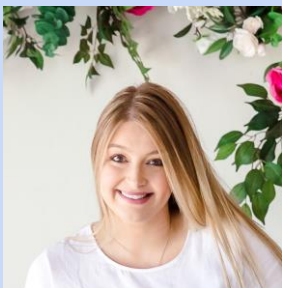
Hi! My name is Kacy Baumer. I am a COTA, new in the Cherry Creek School District, but have been working in the field for the past 10 years. I have experience working in sensory clinics, home health and now school settings also. I have always loved working in pediatrics. I live with my family in Parker including our young son who is almost 2, and our dog. I look forward to being on the team!

Gemma Sutkiewicz - Psychologist

Hi there! I'm Gemma Sutkiewicz, the .6 school psychologist joining the team this year. I'll be at Mountain Vista on Wednesdays, Thursdays, and Fridays. I graduated from the University of Denver this June and this will be my first year (woohoo)! My background is in crisis response and behavior management. I grew up in Wisconsin and love the Colorado winters. I am a big skier and have been figure skating since age 3. Can't wait to meet everyone! 😊



Rachel Gilmer - Gifted and Talented Teacher



Greetings, Mammoths! My name is Rachel Gilmer, and I am thrilled to join the Mountain Vista team this school year as a part-time GT Teacher. I will primarily support students in kindergarten through second grade on Thursdays and Fridays each week. I am new to this role and the Cherry Creek School District, but not to the wonderful world of education. After 15 years as a primary classroom teacher (13 of which were at a gifted magnet school), I am excited to further pursue my passion for gifted education in a new capacity.

In my time away from school, I enjoy gardening, cooking, and spending time with my family. My husband, Zane, and I have two children, Hollyn(5) and Greyson (2). We definitely stay busy and live life to the fullest!

I look forward to teaching and learning alongside Mountain Vista students and staff!"

Keri Hartlieb - RAiSE Coach

Hello!

My name is Keri Hartlieb and I am the Instructional Excellence RAISE Coach (IERC). I am thrilled to join your community and partner alongside of you! I am an educator of 20 years and have had the privilege of educating in various settings ECE, 3rd-6th grade, instructional coach, and district leadership. Originally a California native, my family set up roots in CO 12 years ago. With two teenagers at home, we keep very busy involved in competitive sports. I look forward to getting to know all of you!



Kathy Barela - Paraprofessional (TA)



Hi! I'm Kathy Barela and I am so excited to join Mountain Vista as an Instructional Para. I grew up in Colorado and graduated from CU Boulder. With 3 young kids, I know how important education is and am excited to assist the teachers with all their needs. I enjoy serving on my community board and helped build the Bug Park at Wheatlands, near Southlands Mall. I look forward to a great school year!

Mountain Vista Elementary School



PTO COMMUNITY NEWSLETTER

MVE Stompede

Please join us in supporting MVE with this years Stompede fundraiser. Our fundraising goal is \$45,000.

The Stompede will kick-off September 1st with a Pep Rally to introduce students to how pledges can support our school and tell them about this years program. While collecting pledges, students will get a chance to earn experiences for their entire class. Flyers will be sent home detailing all of the class rewards.

The Stompede will take place September 14th. A detailed schedule and parent sign-up will come out shortly. The PTO will need parents help with marking laps and cheering on the kids.

Please look for more information to be sent home soon. If you have questions, feel free to reach out to the PTO and/or your child's teacher. Thank you for your support!



Last Chance to order MVE Bricks

Time is running out to make a lasting impression for Mountain Vista's 10th anniversary. Your custom brick may be engraved with your family's name, a student name, a favorite quote, ect. Bricks will be a beautiful and lasting part of Mountain Vista. Brick sales end September 22nd. The website to order is <https://www.brickrus.com/donations/mve>



September 2023

Upcoming Events

September

- | | |
|----|--|
| 4 | No School |
| 12 | Spirit Day
Community night
Mod Pizza/ Panera |
| 14 | Stompede |
| 20 | Community Meeting
6pm MVE Library |
| 22 | No School |

PTO Board Members

President/ Co President

Christa Keller

Brittney Starcher
PresidentMVPTO@gmail.com

Vice President

Jasmine Macon
VicePresidentMVPTO@gmail.com

Past President

Valerie Harper
PastPresidentMVPTO@gmail.com

Secretary

Ashley Cooke
SecretaryMVPTO@gmail.com

Communications

Amanda Tippets
CommunicationsMVPTO@gmail.com

Treasurer

Gina Gonzalez
TreasurerMVPTO@gmail.com

Co-Treasurer

Michelle Butvilas
CoTreasurerMVPTO@gmail.com

Events

Shantel Gallegos
EventsMVPTO@gmail.com

Fundraising

Megan Haas
FundraisingMVPTO@gmail.com



**If you have any pictures from the 10 year celebration ,
Email it to YearbookTeamMVPTO@gmail.com
and it may end up in the yearbook!**



Calling all Halloween Enthusiasts!

The MVE Monster Mash will be here before we know it and we are looking for parents who love Halloween and want to help. The event will be Saturday, October 28th but some preparations is needed .

5th grade families : We need a team of 5th grade families take on the haunted house. The group from last year saved a lot of materials and put together a "how to" guide so you will just need to come up with your theme and put together your vision for your classes haunted house. Its easier than it sounds and A LOT of fun!

Trunk or treat: We are looking for 20+ families /organizations/businesses to decorate a trunk for the Trunk or treat. Candy will be provided and there will be a prize for "Best Trunk"

Middle School/High School/ Scout Service hours: Do you have an older child who needs service hours? We would love to have some MVE Alumni/Neighborhood kids help run the games and activities. We need at least 25 kids who can come help run this event. This is a fun way for them to help the community.

Anyone interested in helping with this event should email.

EventsMVPTO@gmail.com

King Soopers Community Rewards Program

Once logged into their King Soopers or City Market account they can search for Mountain Vista Elementary PTO either by name or NP391 and then click Enroll. New users will need to create an account which requires some basic information, a valid email address and a *loyalty* card.

PTO App

Receive updates on school events, get quick links to the lunch menu, access staff contact list and get important push notifications from the PTO app



Android



Apple



**For updates and reminders on the happenings at MVE,
Follow our Facebook Page at:
<https://www.facebook.com/mountainvistaccsdpto>**





REGISTRATION IS NOW OPEN FOR OUR FALL GOTR SEASON!

Girls on the Run inspires girls to have a lifetime of self-respect and a healthy lifestyle through an innovative program that combines training for a 3.1 mile run/walk race with fun lessons, activities and games. We will meet beginning on **September 11th** and continue meeting Mondays and Thursdays from 2:45-4:15. The final 5K run/walk race will take place on **November 12th** and we will conclude our season with a celebration the following week. Girls on the Run is open to all 3rd, 4th, and 5th grade girls.

To Sign Up: Go to www.girlsontherunrockies.org
Click the **"Register Now"** button Choose your geographic area. Find and select **Mountain Vista Elementary in Centennial, CO.** in the drop down menu After completing the form, hit "submit". **You will receive a confirmation email from Raceplanner. If you do not receive this email, chances are you did not fully complete the registration form. Scholarships are available for GOTR. Please reach out if we can financially support your family in joining this amazing program.

Once you are registered, we will send you more information regarding our program. Please reach out to any of our coaches with questions you may have leading up to our season.

Girls on the Run is SO much fun!

Your coaches:

Kylie Stoll
Kindergarten kstoll@cherrycreekschools.org

Sarah Vasilauskas
3rd grade svasilauskas@cherrycreekschools.org

Susie Berger
3rd grade skeppers@cherrycreekschools.org

Rebekah Poscover
5th grade rposcover@cherrycreekschools.org



MVE Student Council
needs your help
for our MVE community!

Please **DONATE**

- Gently used backpacks
- Gently used clothes (mainly **PANTS** for boys and girls ages 5-11)
- Gently used indoor and outdoor toys for preschoolers (including pretend play, dress up, playground, etc.)

All donations are meant to support students and families at MVE!
Bring your donations to school in a bag or a box the week of

August 28-September 1

Place your donations outside your classroom teacher's door and they will
be collected.

THANK YOU for supporting our community!



MOUNTAIN VISTA
ELEMENTARY

FUNDRAISER

Clean Waves Ahead



JOIN US TUESDAY,
August 29-30th, 2023



**Buy a Single Carwash
and Vibe Donates \$10**

**Join our Unlimited Club
and Vibe Donates \$20**

We believe that for a community to continue to thrive, it requires the efforts of all its members. Vibe Carwash welcomes the opportunity to serve our local neighbors.



Vibe Carwash®
5850 S Elk Way,
Aurora, CO 80016

FUNDRAISER EVENT
AUGUST 29-30th
7:30 am - 8:00 pm



VibeCarwash.com

Featuring Ultra Concentrate Chemistry





Time is running out to make a lasting impression for Mountain Vista's 10th anniversary!

You have the opportunity to leave a lasting impression at MVE, just as our amazing staff leaves an impression on your students! Purchase an engraved brick for the front walkway.

Your custom brick may be engraved with your family's name, a student name and graduation year, a favorite quote, ect. Bricks will be a beautiful and lasting part of Mountain Vista.

Bricks are available in 2 sizes: 4x8 and 8x8. The 4x8 brick is \$75 and can contain 3 lines of 18 characters. The 8x8 brick is \$125 and can contain 6 lines of 18 characters. Donations for engraved bricks are tax deductible.



The brick sale will end September 22nd. The website to order is <https://www.brickrus.com/donorsite/mve>. You may pay by check made out to MVE PTO or electronically at www.paypal.com/paypalme/MountainVistaPTO

Questions may be sent to bricksmvpto@gmail.com.



King Soopers Reward Program is here for Mountain Vista Elementary PTO!!

You can support the school with every purchase when you use your KS loyalty card. Setup is easy and only takes 3 simple steps! Link it once and you are done!!

1. Sign into your account at kingsoopers.com
2. Go to my account and scroll down and select Community Rewards and search for your organization by name or use MVE code NP391
3. Click Save or Enroll

MVE will receive a percentage of the community program funds every time you use your loyalty card at checkout at no cost to you!!

LINK YOUR CARD TODAY!!!

As always, thank you for your support, we greatly appreciate it! If you have any questions, please email Melissa at picmvpto@gmail.com



**MOUNTAIN VISTA
ELEMENTARY**

PRESCHOOL ENRICHMENT

Preschool Enrichment is an optional, fee-based childcare program providing a quality experience for the other half of the Pre-Kindergarten day! Our program operates Monday-Thursday, 7:45am-2:45pm. Lunch is included!

PROGRAM FEATURES :

- ✓ Developmentally appropriate curriculum
- ✓ Play-based learning
- ✓ Outdoor play
- ✓ Creative Expression
- ✓ Dramatic Play
- ✓ Building and Engineering
- ✓ Science

For more information contact
Pauline Adams

☎ 720 886-2781

🌐 Padams5@cherrycreekschools.org





The **I Matter** program provides **up to six free therapy sessions** for any Colorado youth and reimburses participating providers, who are licensed therapists in Colorado.

- The program is open to youth 18 years of age or younger or 21 years of age or younger if receiving special education services.
- Youth and their parents can visit IMatterColorado.org to take a confidential online survey about their mental health and schedule therapy sessions, primarily via telehealth.
- A Spanish version of the platform can be found at YoImportoColorado.org, and the program has clinicians who can provide sessions in Spanish.

Fast Facts About I Matter

- The program has scheduled more than 8,000 appointments since its launch.
- Nearly 2,800 youth have received one or more sessions since the program's launch.
- Youth from over 50 of Colorado's 64 counties have signed up for the program.

If you'd like to spread awareness about the program, you can access the program's digital toolkit at bit.ly/IMatterColorado. You can also order free I Matter materials at bit.ly/IMatterMaterials.

If you have general inquiries about the program, you can access our FAQs at bit.ly/IMatterFAQ.

Help students achieve mental wellness with Hazel Health

Hazel Health partners with school districts to provide students with access to timely virtual mental health care, at no cost to families.



The largest and most trusted **telehealth solution** for K-12 schools

Licensed therapists help students cope with their feelings,
regardless of insurance status, immigration status, or ability to pay

Virtual therapy sessions



Therapy at school



Therapy at home

When a student has a therapy appointment, they connect with their Hazel therapist at school or at home.

How students access therapy

- 1 Referral from school staff or guardian
- 2 Intake session (first session)
- 3 Ongoing therapy sessions
- 4 Discharge or connection to longer-term care

Common mental health concerns



Diverse therapists who mirror the communities Hazel serves

Our care team speaks multiple languages, is understanding of cultural differences, and are experts in the unique needs of children and teens.

50%+
Identify as
Persons of
color

40%
are
bilingual

"We've seen a dramatic increase, especially, with the need for coping skills, for things like anxiety, anger, sadness, and also just those basic social, emotional skills we're seeing a need for. And that's really where Hazel Health has come in to help support us to meet that need."

Counselor,
Aurora Public Schools



Dear Family,

We want your child to be successful in school and that means supporting and encouraging their whole development. While excelling in academic classes is important, children also need skills to take on learning challenges, make good decisions, manage strong emotions, and get along with others.

This week, we'll begin Second Step® Elementary, a research-based social-emotional learning program designed to improve children's social-emotional skills. Second Step skills and concepts are designed to help children both in and out of school. Four units will cover the following:

Growth Mindset & Goal-Setting: Children learn how to pay attention and manage distractions, develop a growth mindset, and apply goal-setting strategies to their social and academic lives.

Emotion Management: Children learn how to identify and label emotions and use emotion-management strategies—including stress management for older students—to calm strong feelings.

Empathy & Kindness: Children learn how to recognize kindness and act kindly, have empathy for others and take others' perspectives, and recognize kind acts and empathy as important elements of building and maintaining relationships.

Problem-Solving: Children learn how to identify and state a problem, recognize if a problem is an accident, and use the STEP problem-solving process:

- S:** Say the problem
- T:** Think of solutions
- E:** Explore the outcomes
- P:** Pick a solution

You'll receive weekly communications from your child's teacher to help you reinforce Second Step language, skills, and goals at home. If you have any questions about Second Step Elementary, please don't hesitate to contact me or your child's teacher for more information. Thank you for your support as we work to build a safe and supportive school community.

Sincerely,

Don't miss our Sept. 5 kick-off to the school year!



Parenting with Love & Logic

Dealing with the unique challenges of parenting in the 2020's

Join Jim Fay, co-founder of the Love & Logic Institute, as he teaches basic psychological principles that have helped parents of every generation—including today's—to raise happy, responsible kids. You'll learn how to:

- **Set limits for teens without waging war**
- **Hold children accountable without losing love and respect**
- **Make your kids part of the family team**



Tuesday, Sept. 5

9:15 - 11:00am

14603 E. Fremont Ave., Centennial

Jim Fay, author of *Parenting with Love and Logic* and co-founder of the Love and Logic Institute, has over 30 years of experience in education, serving schools in a variety of roles, including elementary education, art and music teacher, principal, and administrator. He has been speaking about parenting and education for more than 40 years.



Save the Date: Oct. 3 with Janine Halloran, LMHC

At Your Wit's End? Helping Kids Cope with Frustration and Challenge

PIN: Informing, Inspiring and Empowering Parents for more than 45 years

Missed the live presentation? Recordings will be available at PINccsd.org



PIN 2023-'24 Presentation Calendar

Join us for an exciting year of dynamic speakers!

14603 E. Fremont Avenue, Centennial, CO 80112

Presentations are the first Tuesday of the month from 9:15-11:00 a.m.

Sept. 5 – 9:15 a.m.

Love & Logic: Dealing with the Unique Challenges of Parenting Today

Jim Fay, founder of Love & Logic

Oct. 2 – 7:00 p.m. AND Oct. 3 – 9:15 a.m.

At Your Wit's End? Helping Kids Cope with Frustration and Challenges

Janine Halloran, LMHC, licensed mental health counselor, author

Dec. 5 – 9:15 a.m. ONLINE ONLY

There is Hope! Inoculating Kids Against Addiction

Jessica Lahey, author of The Gift of Failure and The Addiction Inoculation

Feb. 6 – 9:15 a.m.

Money Doesn't Grow on Trees: Raising Financially Savvy Kids

Craig Kaley, founder of Moneyletics

March. 5 – 9:15 a.m.

Homework Help: Keeping Your Sanity while Empowering Your Child

Andrea Pitman and Dani Gugel, the Nectar Group

April. 2 – 9:15 a.m.

LOCATION CHANGE: 14188 E. Briarwood Avenue, Centennial, CO 80112

It's all in the Brain: Helping Kids Take Control of Life through

Good Decision Making and Problem Solving

Patricia Gorman Barry, Ph.D., founder of BrainWise

Visit www.PINccsd.org for podcasts of past presentations.



Attention Families!

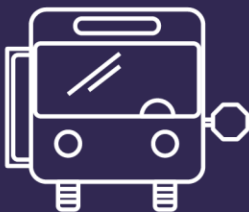
Mountain Vista Elementary is now taking payments online!

Pay when it's most convenient for you with a computer or mobile device at
<https://cherrycreek.revtrak.net/elementary-schools/elementary-schools-l-z/mve/>.

Save time and be confident that your payment makes it where it needs to go. You can pay online with eCheck, debit, or credit cards.

Mountain Vista Elementary is currently accepting online payment for fees like these:

Field Trips



Library Fees



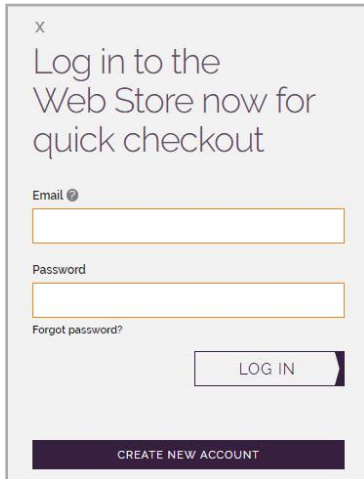
EDUCATION

Visit <https://cherrycreek.revtrak.net/elementary-schools/elementary-schools-l-z/mve/> to pay fees online.


Visit the Web Store

Visit <https://cherrycreek.revtrak.net/elementary-schools/elementary-schools-l-z/mve/> and Add all the items you want to purchase to your shopping cart. When you are ready to check out, click Checkout. Log in or create your personal Web Store account.

Setting up your payment information



Log in to the Web Store now for quick checkout

Email 

Password

[Forgot password?](#)

LOG IN

CREATE NEW ACCOUNT

Enter your **RevTrak Web Store** email and password.

If you are a first-time Web Store user, click they **Create New Account** button and complete all requested information.



ECHECK

Add an eCheck for a *quicker* checkout experience

Routing number*

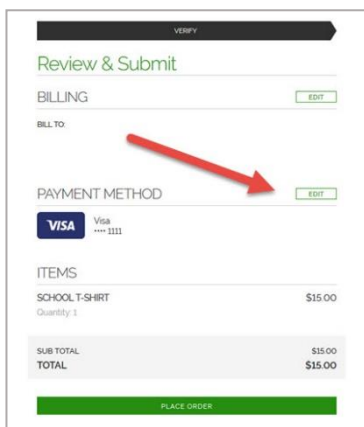
Account number* Re-enter account number*

Name on Account* Nick Name

Routing Number Account Number Check Number

USE DEBIT/CREDIT USE ECHECK

To add an eCheck, stay on this screen and enter your billing information. Select **Add eCheck**. In order to add a Credit or Debit card, select **Use Debit/Credit** and then **Add Card**. Enter your billing and payment information.



Review & Submit

BILLING [EDIT](#)

BILL TO:

PAYMENT METHOD [EDIT](#)

VISA Visa **** 1111

ITEMS

SCHOOL T-SHIRT	\$15.00
Quantity: 1	

SUB TOTAL	\$15.00
TOTAL	\$15.00

PLACE ORDER

If you are a returning customer and wish to add a different Payment Method, click on the **Edit** tab.

Verify information for accuracy and Click **Place Order**.

Payment will be processed and receipt can be viewed and printed. A receipt will automatically be sent to the email address provided. Receipt can be viewed at any time through your account settings.

**2023-
2024**

More than Free Meals

BREAKFAST

Student complete breakfast - no charge
Adult At A Carte Prices

LUNCH

Student complete lunch - no charge
Second student meal \$4.50
Adult meal (milk not included) \$4.50
Milk \$1.00
All snacks and drinks per a la carte pricing.

APPLICATION FOR FREE AND REDUCED PRICE SCHOOL MEALS AND FAMILY ECONOMIC DATA SURVEY

4 REASONS TO PROVIDE HOUSEHOLD INCOME INFORMATION.

1 Ensure your child receives the maximum amount of benefits they are eligible to receive

FUNDING: Additional resources to support:

3 Healthy meals for students
After school programs
Additional nutrition programs for students

2 DISCOUNTS: Families can receive discounted:
School Fees
Bus Passes
..... and more!

4 PRIVACY: All information provided is confidential and protected!

Please note a new application must be completed each school year.

The 2023-2024 application/economic data survey will be available online beginning July 1st, 2023 at
<https://linqconnect.com/public/meal-application?identifier=7E9BB5>

If you have questions about the process, please call
Indira Rojas-Narvaez at (720) 886-7172

This institution is an equal opportunity provider



Dedicated to Excellence
Cherry Creek Schools



VETERANS & MILITARY APPRECIATION, COMMUNITY CELEBRATION, AND FOOTBALL GAME



VS



Luncheon | 12-2 p.m.

For veterans, military members,
and their families

Community Celebration 2-5 p.m. Family fun! Open to all!

Chinook Helicopter

Fountain-Fort Carson 4th ID Rock Band

Army National Guard Gaming Trailer

Marine Battery Unit

The Honor Bell

Concessions (burgers/hot dogs)

*Items subject to change

Football Kickoff | 6 p.m.

Sept. 9, 2023

Legacy Stadium

26101 E. Arapahoe Road
Aurora, CO 80016

cherrycreekschools.org/militaryappreciation



ENGLISH CLASSES

Free to parents in Cherry Creek School District



CHERRY CREEK HIGH SCHOOL

September 12 - December 21, 2023

DAYS - TUESDAY AND THURSDAY

TIME - 5:30 - 8:00 PM

REGISTRATION - THURSDAY, SEPTEMBER 7th, 8:30 PM

Rooms: 300 & 302 (West Building)

OVERLAND HIGH SCHOOL

September 11 - December 20, 2023

DAYS - MONDAY AND WEDNESDAY

TIME - 5:30 - 8:00 PM

REGISTRATION - WEDNESDAY, SEPTEMBER 6th, 5:30 PM

Room: 117A

SMOKY HILL HIGH SCHOOL

September 11 - December 20, 2023

DAYS - MONDAY AND WEDNESDAY

TIME - 5:30 - 8:00 PM

REGISTRATION - WEDNESDAY, SEPTEMBER 6th, 5:30 PM

Room: 1-31

EAGLECREST HIGH SCHOOL

September 12 - December 21, 2023

DAYS - TUESDAY AND THURSDAY

TIME - 5:30 - 8:00 PM

REGISTRATION - THURSDAY, SEPTEMBER 7th, 8:30 PM

Room: W231

GRANDVIEW HIGH SCHOOL

September 11 - December 20, 2023

DAYS - MONDAY AND WEDNESDAY

TIME - 5:30 - 8:00 PM

REGISTRATION - WEDNESDAY, SEPTEMBER 6th, 8:30 PM

Room: UED2

CHEROKEE TRAIL HIGH SCHOOL

September 12 - December 21, 2023

DAYS - TUESDAY AND THURSDAY

TIME - 5:30 - 8:00 PM

REGISTRATION - THURSDAY, SEPTEMBER 7th, 5:30 PM

Room: Cougar Resource Center

Questions? (303) 922-4683 or info@thelearningsource.org

www.thelearningsource.org